

1A1 Bear Crk Medford

30.1 miles

| Leg | Dir | Type | Notes | Total |
|-----|-----|----------|---|-------|
| | ← | Left | Turn left onto A St | 0.2 |
| 0.1 | → | Right | Turn right onto Oak St | 0.4 |
| 0.8 | ← | Left | Turn left onto E Nevada St | 1.1 |
| 0.1 | → | Right | Turn right | 1.2 |
| 0.2 | ↑ | Straight | Continue onto Bear Creek Greenway | 1.5 |
| 0.3 | ← | Left | Turn left to stay on Bear Creek Greenway | 1.7 |
| 1.8 | → | Right | Turn right to stay on Bear Creek Greenway | 3.5 |
| 0.8 | → | Right | Turn right to stay on Bear Creek Greenway | 4.3 |
| 2.6 | ← | Left | Turn left onto Suncrest Rd | 6.8 |
| 0.1 | → | Right | Turn right onto Bear Creek Greenway | 6.9 |
| 4.4 | → | Right | Turn right to stay on Bear Creek Greenway | 11.3 |
| 0.3 | → | Right | Turn right to stay on Bear Creek Greenway | 11.6 |
| 1.4 | ← | Left | Keep left to stay on Bear Creek Greenway | 13.1 |
| 0.2 | → | Right | Slight right to stay on Bear Creek Greenway | 13.3 |
| 1.1 | ← | Left | Turn left onto E 10th St | 14.4 |
| 0.2 | → | Right | Turn right onto S Front St | 14.6 |
| 0.3 | → | Right | Turn right onto E 5th St | 14.9 |
| 0.2 | ← | Left | Turn left onto N Riverside Ave | 15.1 |
| 0.1 | → | Right | Turn right onto E Jackson St | 15.2 |
| 0.1 | → | Right | Turn right onto Bear Creek Greenway | 15.3 |
| 1.3 | → | Right | Slight right to stay on Bear Creek Greenway | 16.7 |
| 0.1 | → | Right | Turn right to stay on Bear Creek Greenway | 16.8 |
| 1.8 | ← | Left | Turn left to stay on Bear Creek Greenway | 18.6 |
| 0.3 | ← | Left | Turn left to stay on Bear Creek Greenway | 18.9 |
| 1.5 | ← | Left | Slight left to stay on Bear Creek Greenway | 20.4 |
| 2.9 | ← | Left | Turn left onto Suncrest Rd | 23.3 |
| 0.1 | → | Right | Turn right onto Bear Creek Greenway | 23.4 |
| 2.6 | ← | Left | Turn left to stay on Bear Creek Greenway | 26.0 |
| 0.8 | ← | Left | Turn left to stay on Bear Creek Greenway | 26.7 |
| 1.8 | → | Right | Turn right to stay on Bear Creek Greenway | 28.5 |
| 0.5 | → | Right | Turn right onto W Nevada St | 29.0 |
| 0.0 | ← | Left | Turn left onto Helman St | 29.0 |
| 0.9 | ← | Left | Turn left onto N Main St | 29.9 |

1C1 CentralPtRogueTRock

41.1 miles

| Leg | Dir | Type | Notes | Total |
|-----|-----|----------|---|-------|
| | ← | Left | Turn left onto Twin Creeks Crossing | 0.0 |
| 0.3 | ← | Left | Turn left onto Grant Rd | 0.3 |
| 0.4 | → | Right | Turn right onto Taylor Rd | 0.7 |
| 0.9 | → | Right | Turn right onto Old Stage Rd | 1.6 |
| 6.1 | ↑ | Straight | Continue onto Access Rd | 7.7 |
| 0.4 | ↑ | Straight | Continue onto State Hwy 99 | 8.1 |
| 0.1 | ← | Left | Turn left onto OR-99 N/State Hwy 234/2nd Ave | 8.1 |
| 2.6 | ↑ | Straight | Continue onto N River Rd | 10.7 |
| 2.8 | ← | Left | Turn left onto Twin Bridges Rd | 13.5 |
| 0.1 | ↑ | Straight | Continue onto Valley of the Rogue State Park | 13.6 |
| 0.2 | ← | Left | Turn left onto path | 13.8 |
| 1.2 | ↑ | Straight | Continue onto The Rogue River Greenway | 15.0 |
| 2.4 | → | Right | Turn right onto Depot St | 17.4 |
| 0.1 | ← | Left | Turn left onto OR-99 S | 17.5 |
| 5.8 | ← | Left | Turn left onto Lampman Rd | 23.3 |
| 2.8 | ← | Left | Turn left onto Access Rd/State Hwy 99 | 26.1 |
| 0.2 | → | Right | Turn right onto OR-99 S | 26.3 |
| 4.9 | ← | Left | Turn left onto Kirtland Rd | 31.2 |
| 1.6 | → | Right | Turn right onto High Banks Rd | 32.8 |
| 0.4 | ↑ | Straight | Continue onto Newland Rd | 33.3 |
| 0.7 | → | Right | Turn right onto Truax Rd | 34.0 |
| 1.0 | ← | Left | Turn left onto Gibbon Rd | 35.0 |
| 0.5 | → | Right | Turn right onto Upton Rd | 35.5 |
| 1.4 | ← | Left | Slight left to stay on Upton Rd | 36.9 |
| 0.2 | ← | Left | Turn left onto Peninger Rd | 37.1 |
| 0.3 | ← | Left | Turn left toward Bear Creek Greenway | 37.4 |
| 1.2 | → | Right | Turn right to stay on Bear Creek Greenway | 38.6 |
| 0.1 | → | Right | Turn right onto E Pine St | 38.7 |
| 0.5 | → | Right | Turn right onto N 10th St | 39.2 |
| 0.2 | ← | Left | Turn left onto Maple St | 39.5 |
| 0.5 | ↑ | Straight | Rogue Creamery | 40.0 |
| 0.0 | ← | Left | Turn left onto N Front St | 40.0 |
| 0.1 | ← | Left | Little Belle Chocolates | 40.1 |
| 0.1 | → | Right | Turn right onto W Pine St | 40.2 |
| 0.1 | → | Right | Turn right onto N Haskell St | 40.3 |
| 0.7 | ← | Left | Turn left onto Twin Creeks Crossing/Twin Creeks Crossing Loop | 41.0 |

1C2 Gold Hill Wimer Loop

50.5 miles

| Leg | Dir | Type | Notes | Total |
|------|-----|--------------|--|-------|
| | → | Right | Turn right onto path | 0.0 |
| 0.8 | → | Slight Right | Merge onto Rogue River Byway | 0.8 |
| 3.5 | ← | Left | Turn left onto Ramsey Rd | 4.3 |
| 1.0 | → | Slight Right | Slight right onto Sams Valley Rd | 5.3 |
| 2.5 | ← | Left | Turn left onto OR-234 E | 7.8 |
| 0.5 | ← | Left | Turn left onto Table Rock Rd | 8.3 |
| 0.5 | → | Right | Slight right onto Webber Rd | 8.8 |
| 0.5 | ← | Left | Turn left onto Meadows Rd | 9.3 |
| 7.3 | → | Right | Slight right to stay on Meadows Rd | 16.7 |
| 0.4 | ← | Left | Slight left onto E Evans Creek Rd | 17.1 |
| 14.1 | ↑ | Generic | Covered Bridge | 31.2 |
| 0.6 | ← | Left | Turn left to stay on E Evans Creek Rd | 31.8 |
| 0.3 | → | Right | Turn right onto Queens Branch Rd | 32.0 |
| 0.5 | ← | Left | Turn left onto Pine Grove Rd | 32.5 |
| 1.0 | → | Right | Turn right onto Minthorne Rd | 33.5 |
| 0.0 | ← | Left | Turn left onto Pine Grove Rd | 33.6 |
| 1.3 | ← | Left | Turn left onto W Evans Creek Rd | 34.9 |
| 5.6 | ← | Left | Turn left onto Foothill Blvd | 40.5 |
| 0.1 | ↑ | Straight | Continue onto W Main St | 40.6 |
| 0.2 | → | Right | Slight right onto Pine St | 40.8 |
| 0.1 | → | Right | Turn right onto Depot St | 40.9 |
| 0.1 | → | Right | Turn right onto The Rogue River Greenway | 41.0 |
| 2.6 | → | Right | Slight right onto Valley of the Rogue State Park | 43.6 |
| 0.2 | → | Right | Turn right on path | 43.8 |
| 0.9 | → | Right | Turn right onto Valley of the Rogue State Park | 44.6 |
| 0.2 | ↑ | Straight | Continue onto Twin Bridges Rd | 44.8 |
| 0.1 | → | Right | Turn right onto N River Rd | 44.9 |
| 2.8 | ↑ | Straight | Continue onto OR-234 E/OR-99 S/State Hwy 234/2nd Ave | 47.7 |
| 2.2 | ← | Left | Turn left onto Dardanelles St (Path) | 49.9 |
| 0.1 | → | Right | Turn right on path | 49.9 |

1D Rogue Jacksonville Metric

61.5 miles

| Leg | Dir | Type | Notes | Total |
|------|-----|----------|--|-------|
| | ← | Left | Turn left onto E F St | 0.3 |
| 0.1 | → | Right | Turn right onto N Oregon St | 0.4 |
| 1.7 | ↑ | Straight | Continue onto Old Stage Rd | 2.1 |
| 0.5 | → | Right | Turn right onto Ross Ln | 2.6 |
| 0.3 | ← | Left | Turn left onto Old Stage Rd | 2.9 |
| 8.2 | ↑ | Straight | Continue onto Access Rd | 11.1 |
| 0.4 | ↑ | Straight | Continue onto State Hwy 99 | 11.4 |
| 0.1 | ← | Left | Turn left onto OR-99 N/State Hwy 234/2nd Ave | 11.5 |
| 2.6 | ↑ | Straight | Continue onto N River Rd | 14.1 |
| 2.8 | ← | Left | Turn left onto Twin Bridges Rd | 16.8 |
| 0.1 | ↑ | Straight | Continue onto Valley of the Rogue State Park | 17.0 |
| 0.2 | ← | Left | Turn left onto path | 17.1 |
| 1.2 | ↑ | Straight | Continue onto The Rogue River Greenway | 18.4 |
| 2.4 | ↑ | Food | OPTION: take Depot St into town for coffee at Tailholt | 20.8 |
| 0.0 | → | Right | Turn right onto Depot St (cross bridge) | 20.8 |
| 0.1 | → | Right | Turn right onto OR-99 N | 20.9 |
| 6.4 | ← | Left | Slight left onto Fruitdale Dr | 27.4 |
| 1.1 | ← | Left | Turn left onto Hamilton Ln | 28.5 |
| 0.3 | → | Right | Slight right onto path | 28.7 |
| 0.4 | ↑ | Straight | Continue onto SE Overland Dr | 29.1 |
| 0.1 | ↑ | Straight | Continue on path to Cloverlawn | 29.2 |
| 0.2 | → | Right | Turn right toward Cloverlawn Dr | 29.5 |
| 0.0 | ← | Left | Turn left onto Cloverlawn Dr | 29.5 |
| 2.2 | ↑ | Straight | Continue onto Jaynes Dr | 31.8 |
| 0.8 | ← | Left | Turn left onto OR-238 E | 32.6 |
| 1.6 | ↑ | Food | OPTION: Casablanca Coffee in Murphy | 34.2 |
| 7.5 | → | Right | Slight right, cont on Applegate Rd | 41.7 |
| 4.5 | ← | Left | Slight left onto OR-238 E | 46.2 |
| 15.2 | → | Right | Turn right onto 5th St | 61.4 |

1E Ashland up&down

54.2 miles

| Leg | Dir | Type | Notes | Total |
|------|-----|----------|---|-------|
| | → | Right | Turn right onto E Main St | 0.0 |
| 0.2 | ← | Left | Slight left to stay on E Main St | 0.2 |
| 0.8 | → | Right | Turn right onto Central Bike Path | 0.9 |
| 0.9 | ← | Left | Turn left to stay on Central Bike Path | 1.9 |
| 0.1 | ← | Left | Turn left onto Shamrock Ln | 2.0 |
| 0.1 | → | Right | Slight right onto Central Bike Path | 2.0 |
| 0.5 | → | Right | Turn right onto Tolman Creek Rd | 2.5 |
| 0.5 | ← | Left | Turn left onto OR-99 S/Siskiyou Blvd | 3.0 |
| 0.5 | ← | Left | Turn left onto Crowson Rd | 3.5 |
| 0.8 | → | Right | Turn right onto OR-66 E | 4.3 |
| 15.6 | ← | Left | Turn left onto E Hyatt Lake Rd | 19.9 |
| 3.0 | ← | Left | Turn left onto Hyatt Lake Rd | 22.9 |
| 1.4 | ↑ | Straight | Continue onto Hyatt Prairie Rd | 24.2 |
| 9.2 | ← | Left | Turn left onto Dead Indian Memorial Rd | 33.4 |
| 17.1 | → | Right | Turn right onto OR-66 W/Green Springs Hwy 66 | 50.5 |
| 0.2 | → | Right | Slight right onto E Main St | 50.7 |
| 2.2 | → | Right | Turn right onto Central Bike Path | 52.8 |
| 0.5 | ← | Left | Turn left onto 6th St | 53.4 |
| 0.2 | → | Right | Turn right onto A St | 53.5 |
| 0.3 | ← | Left | Turn left onto Oak St | 53.9 |
| 0.2 | ← | Left | Turn left onto E Main St | 54.1 |